

Now is the time to be the church. Small acts by individuals and families can collectively make a big difference. These are easy, actionable steps to take to share our love during this difficult time.

Bridges:

Make 25 bag lunches safely (a sandwich, orange, cheese stick, water) for Bridges each week. Bagged lunches may be dropped off at the Russell Place entrance of Oakes between 10:00 a.m. and 2:00 p.m. on Fridays. In terms of hygiene, Bridges is asking that families follow precautions issued by CDC and health organizations. Only families who are not experiencing Covid-19 symptoms and have no reason to think they've been exposed should participate. Rigorous handwashing practices must be followed - if gloves can be worn, that is an additional preferred precaution. Masks should be worn during the sandwich-making and lunch assembly process. This is probably not a great activity for families with k-5 kids, as hygiene may be harder to control.

Loaves and Fishes Food Pantry:

Each time you go to the grocery store, pick one of the following five items (canned tuna or chicken, pasta sauce, beans, canned vegetables) and drop at the Loaves and Fishes Food Pantry, drop on your way home at St. Theresa's church anytime from 9:00 a.m. to 4:00 p.m. The drop off is at the covered entrance of Memorial Hall - from the parking lot, go down steps and drop at door.

Family Promise:

Central is committed to supporting the Family Promise families we would have hosted this spring. The families have been housed in temporary apartments in Elizabeth, and we are collecting and delivering groceries and more to them in the coming weeks. [Click here for the Sign Up Genius.](#)

SHIP:

SHIP is still feeding people daily and is in need specific donations. Please sign up here to donate: <https://m.signupgenius.com/#!/showSignUp/10c0e4eacae2aa0fe3-ship/6965811>